

EDMONTON

metro



NEWS WORTH SHARING.



10169 -104 Street

Cavern

sparkling sangria · refreshing cocktails
 microbrew beer · premium cheese boards

Let Gaza kids in, doctor urges

Gaza-born doctor calls on federal government to let 100 Palestinian kids go to Ontario for treatment
 [PAGE 8](#)

ROBIN WILLIAMS DEAD AT 63

LEGENDARY ACTOR WAS REPORTEDLY BATTLING SEVERE DEPRESSION
 [PAGE 9](#)



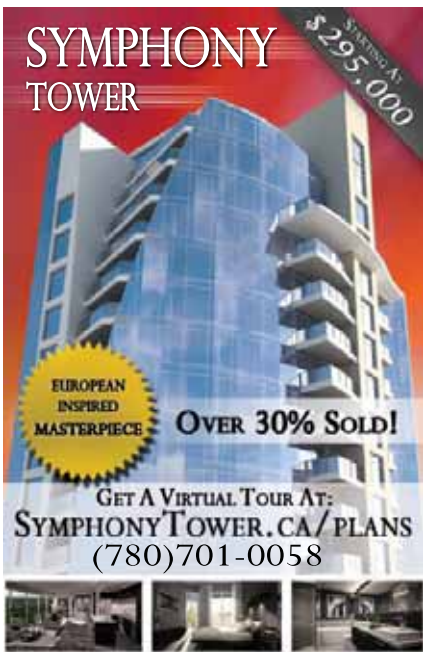
SYMPHONY TOWER

STARTING AT \$295,000

EUROPEAN INSPIRED MASTERPIECE

OVER 30% SOLD!

GET A VIRTUAL TOUR AT:
 SYMPHONYTOWER.CA/PLANS
 (780)701-0058





FIRED UP & READY TO ROCK

Arcade Fire frontman Win Butler belts out the tunes as the group brought its Reflektor Tour to Rexall Place Monday night. TOPHER SEGUIN/FOR METRO

Court allows extradition of terror suspect

Sayfildin Tahir Sharif.

Appeal Court rejects defence lawyers' argument that local man's rights were violated after arrest

Defence lawyers had argued before the Appeal Court that RCMP didn't allow Sharif access to a lawyer or interpreter the day of his arrest, and transcripts of police interviews show he didn't understand what was going on.

way across the Middle East to Iraq.
 The terror network is also accused of blowing up an Iraqi police station, killing seven Iraqi officers.
 The Appeal Court said Sharif had access to a lawyer after

What intimidation?

"While he professed to be afraid, it is obvious from the context of the interviews that his fear was not generated by the interviews or the interviewers, but by his realization of the information they had about him."

Excerpt from the ruling of the Appeal Court judges

Prosecutors contend that evidence from intercepted Internet and phone conversations shows Sharif was directly involved in supporting the Tunisian terrorists who conducted the suicide bombing, by helping connect with other supporters as they made their

his arrest, was aware of his right to silence and was not intimidated by investigators.
 Sharif was appealing the justice minister's decision as well as a judge's original 2012 ruling that there was enough evidence to extradite Sharif on two charges. THE CANADIAN PRESS

Before it's a fence, it's forty-five 2x4s.

With legendary Toyota durability and up to 10,500 pounds of towing capacity,* the redesigned 2014 Tundra is tough enough for any project.

*4x2 Regular Cab Long Bed has a towing capacity of up to 10,500lbs. The maximum you can tow depends on the total weight of any cargo, occupants, and available equipment.



CrewMax 1794 Edition has a towing capacity of 9,490lbs.



TOYOTA

toyota.ca



Apple iPhone 5 (S)

Head back to school with iPhone on Canada's largest LTE network.¹

We've got back-to-school covered with iPhone on Canada's largest LTE network.¹ Blazing-fast download speeds make researching that essay a breeze. 110 TV channels² available anywhere you are make chilling after school easier than ever.

\$99⁹⁵³

2-year Plus plan with data
\$729.95 no term

Visit a Bell store for our best service and selection.
1 888 4-MOBILE • bell.ca

Bell back to school
just got better

Get expert advice today.
Visit a Bell store near you:

AIRDRIE
Sierra Springs

BANFF
Sundance Mall

CALGARY
1002 - 17th Ave. S.W.
9650 Harvest Hills Blvd. N.E.
216 Saddletowne Circle
19489 Seton Crescent S.E.
Beacon Hill Centre
Bow Valley Square-Kiosk
Chinook Centre
Crowfoot Crossing
Deerfoot Meadows
Deerfoot Outlet Mall
Eaton Centre
Market Mall
Marlborough Mall
North Hill Shopping Centre -kiosk
Northland Village
Shawnessy Village
Southcentre Mall
Southpointe Shopping Centre
Sumridge Mall
Westbrook Mall-Kiosk

CANMORE
105 - 802 Bow Valley Trail

EDMONTON
3918 White Mud & 17th St.
17551 - 100th Ave.
14822 Stony Plain Rd.
18558 Stony Plain Rd.
Abbottfield Shoppers Mall
Bonnie Doon Centre
Currents of Windemere
Edmonton City Centre
Kingsway Garden Mall
Londonderry Mall
Meyokum Retail Centre
Mill Woods Town Centre
Namas Centre South
Northgate Centre
Oliver Square
South Edmonton Common
South Park Centre
Southgate Mall -kiosk
St. Albert Trail at 137 Ave.
Terra Rosa Shopping Centre
West Edmonton Mall
West Edmonton Mall - kiosk
Westmount Centre

FORT MCMURRAY
19 Riedel St.
Peter Pond Shopping Centre
Stoneycreek Village

GRANDE PRAIRIE
Prairie Mall
South 40 Shopping Centre

LETHBRIDGE
Centre Village Mall -kiosk
Lethbridge SmartCentres
Park Place

LLOYDMINSTER
Lloyd Mall

MEDICINE HAT
Carry Drive Plaza
Medicine Hat Mall

PEACE RIVER
10032 - 100th St.

PINCHER CREEK
Ranchland Mall-Kiosk

RED DEER
Bower Place Shopping Centre
Parkland Mall
Southpointe Common

ROCKY VIEW
Crossiron Mills Mall
Crossiron Mills Mall -Kiosk

SHERWOOD PARK
Emerald Hill Centre
Sherwood Park Mall

SPRUCE GROVE
Creekside Centre

ST-ALBERT
460-140 St-Albert Rd.
St. Albert Centre

WHITECOURT
3439 - 34th Avenue

Also available at:



Offer ends September 30, 2014. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. Paper bill charge (\$2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly charges, e.g., 911 (NB: \$0.53, NS: \$0.43, P.E.I.: \$0.70, AB: \$0.44). Additional one-time fees may apply to activate a new device (\$15 connection charge), unlock a phone and other transactions. See bell.ca/onetimefees for details. SIM card charge (\$4.95) may apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice. Taxes extra. Other conditions apply. (1) Based on total square kms of coverage on the shared LTE network available from Bell vs. Rogers' LTE network. See bell.ca/LTE for details. (2) Available with a Bell TV and Bell Mobility post paid plan with the Mobile TV add-on. Mobile TV includes 10 hours/mo.; \$3/hr thereafter. Content and channels subject to change without notice and blackout periods may apply. Select live channels and on demand programming from your Bell TV subscription are available and content viewed over Wi-Fi at home may vary and will count towards your monthly internet data usage. See bell.ca/tvanywhere. (3) Available with new activations or upgrades of the 16GB version with \$80/mo. spend before tax (\$80/mo. plan + \$20/mo. for 500MB data) or a \$60/mo. plan if adding to an existing account. Promotional pricing may apply; visit bell.ca/rateplans for details. Apple and iPhone are trademarks of Apple Inc.

Health services

Alberta hospitals on high alert for Ebola symptoms

Risks of an Ebola virus outbreak in Canada are still considered "very low," but Alberta hospital workers have been put on alert to keep watch for patient symptoms and possible exposure to the deadly disease.

As of Aug. 4, Ebola had been linked to more than 900 deaths in four African countries and a total of 1,700 cases.

In response, the provincial government and Alberta Health Services issued a joint advisory Friday warning health-care workers to maintain a "high index of suspicion" for possible patient exposure to the disease — that is, residents who've travelled to Guinea, Sierra Leone, Liberia, Nigeria and other Ebola-affected areas in the past three weeks — as well as symptoms such as a fever greater than 38.6 C.

A Canadian man returning from West Africa was put into isolation in a Brampton, Ont., hospital last week after displaying Ebola-like symptoms. Results of tests, however, have come back negative for the disease, said to have a mortality rate between 50 to 90 per cent.

Dr. James Talbot, the provincial chief medical officer of health, said there have been no scares to date of a possible Ebola patient in Alberta.

He said the primary concern is aid workers who've ventured to the outbreak areas and since returned home. To read a copy of the Alberta Ebola advisory, head to metronews.ca.

JEREMY NOLAIS/METRO IN CALGARY



Lisa Schamehorn-Eades, along with her daughters Niya, 10, and Breanna, 13, points to her husband's plaque on the Afghanistan Memorial Vigil on Monday, following a ceremony at Edmonton City Hall. RYAN TUMILTY/METRO

Afghan War memorial makes Edmonton stop

Fallen soldiers.
Memorial remembers all those who died during mission



RYAN TUMILTY
ryan.tumilty@metronews.ca

When Lisa Schamehorn-Eades looks at the Afghanistan Memorial Vigil, she sees her husband, who was killed there in 2008 and she hopes, through the faces of the other 157 Canadian Forces personnel on the monument, people will see the true cost of the war.

"Here you are actually see-

ing the soldier that has sacrificed his life for our country," she said.

Canadian troops in Afghanistan created the vigil and it was returned at the end of the mission. It features granite etchings of all of those killed during the mission, including a diplomat, journalist, a contractor and 40 American troops killed while under Canadian command.

Schamehorn-Eades said she is glad the memorial is going across the country, because not all families would be able to see it when it goes on permanent display in Ottawa.

"The public needs to see the losses that this country has taken," she said.

Sherry Clark, who lost her son in Afghanistan, visited the memorial when it was set up at the Kandahar base, but she is glad to have it on Canadian soil.

"It's sacred and it's precious, but knowing it's home and so many people get to view it, it's a lovely tribute," she said.

Brig. Gen. Wayne Eyre said the memorial is a tremendous tribute to the work that was done in Afghanistan, which he said is bearing results.

Eyre was among the last of Canada's troops to leave the country and he said he sees progress in Afghanistan. He hopes the memorial will remind people of the price of

On display

The memorial will be on display until Aug. 15 at Edmonton City Hall before continuing a cross-country tour.

- Though no site has been selected, eventually the memorial will be part of a permanent Afghan War memorial somewhere in the Ottawa area.

that progress.

"It's my hope that the sacrifices that we have made in Afghanistan continue to be remembered by the public."

1 NEWS

ENTER & YOU COULD **WIN**
FREE FUEL FOR 1 YEAR
AT **INSTALOANS.CA/FREEF**

*NO PURCHASE NECESSARY. Transaction not required to participate in the Contest. Contest ends 9/30/14. Complete contest rules available at any InstaLoans branch or visit www.instaloans.ca.



PAYDAY LOANS MADE EASY

instaloans

You're pre-approved
for up to \$1,500**

**Some restrictions apply including, but not limited to, loan amount restrictions based on the borrower's net pay.

BC Licence #: 50040.
Alberta License #: 333012

Tory leadership race. Candidates willing to debate live on TV

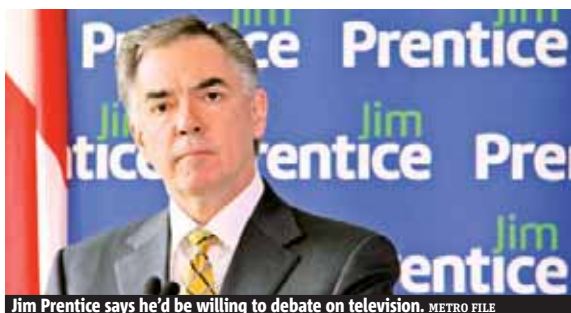
Two of three Alberta Tory leadership hopefuls expressed a wish Monday to appear in a televised debate and their fellow candidate said he'd be open to taking part.

Former provincial cabinet ministers Ric McIver and Thomas Lukaszuk appeared together at the legislature, where they released a joint letter to the PC party executive. The letter says Albertans should have every possible chance to hear from the candidates. It asks the PC party to work with media outlets to put together a TV tete-a-tete.

During a stop in Lethbridge

later in the day, Jim Prentice said he'd be willing to take part as long as his schedule permitted. "I love debates. I was in national politics for 10 years and I'm happy to debate," Prentice said.

But in a statement, party president Jim McCormick was cool to a TV debate organized by the Tories. "The three candidates have been in the same room in front of our members and the general public plenty of times this campaign, with at least three other events planned in the near future where that will be the case," McCormick said. **THE CANADIAN PRESS**



Jim Prentice says he'd be willing to debate on television. METRO FILE

Lethbridge

Alberta boy, 12, charged with incest, sexually assaulting sisters

A 12-year-old boy in southern Alberta is facing a number of charges, including incest, in the alleged sexual assault of his two younger sisters.

Police in Lethbridge say they investigated after receiving information last month that a boy was engaging in sexual activity with his 10-

and eight-year-old sisters.

The boy, who cannot be identified because of his age, is charged with incest, sexual assault, sexual interference and invitation to sexual touching.

He has been released from custody with the condition that he not be in the presence of anyone under 12 unless an adult is present.

The boy made his first appearance in youth court last week.

The matter was adjourned to Aug. 27.

THE CANADIAN PRESS



Discharged from the military after a diagnosis of PTSD, Edmontonian Trevor Petersen turned to paddleboarding for therapy. He is now finishing an awareness campaign for mental illness by paddling from Edmonton to Winnipeg. CONTRIBUTED

Vet battles PTSD, a stroke at a time

Paddleboarding passion. Ex-military man on awareness campaign through the Prairies

LUCY HAINES

edmonton@metronews.ca

Only a couple of days away from finishing his paddleboarding river trek from Edmonton to Winnipeg, Trevor Petersen said he's dealing with "utter exhaustion" and aching muscles.

The 42-year-old military veteran — discharged in 2010 after a tour in Afghanistan and sub-

sequent diagnosis of Post Traumatic Stress Disorder (PTSD) — isn't slowing down, however, and he said he's already planning next year's journey to raise awareness of the little-understood mental illness.

"Whenever I'm tired I look at our Facebook page and see the support. One guy with PTSD said he tried paddleboarding because he read about my story," said Petersen, calling the sport therapeutic and now a passion that helps him deal with his illness. "There's still a stigma about mental illness — it's seen as a sign of weakness and people don't want to talk about it."

Soldiers with PTSD

5.3%

A Statistics Canada report released Monday shows the rate of PTSD among full-time members of the Canadian Forces has nearly doubled since 2002, now reported by 5.3 per cent of soldiers.

After experiencing anxiety, violent outbursts and blackouts after he returned to Canada from his overseas tour, Petersen said taking up the water sport lifted him out of his isolation. "I can't work for a living the same way anymore, but paddleboarding helped me de-

velop a positive life outside the military," he said. "I can have a normal life — now I'm truly smiling."

Scott Maxwell, executive director of Wounded Warriors Canada, said over \$1.2 million each year goes to programming for veterans and their families affected by OSIs (operational stress injuries), a demand that he said has exploded in recent years. "Trevor took it upon himself to pay it forward — our programs wouldn't be possible without people like him," Maxwell said.

For more coverage on PTSD in the military, see page 8

Now Hiring the Following Positions in Edmonton and Out of Town Projects:

- Carpenters and Apprentices
- Labourers
- Metal Roofers/Cladders
- Metal Building Erectors

Please apply to www.clarkbuilders.com/job-listings



Outdoor workstations in River Valley proposed

Marissa Loewen is hoping the city will give the green light to an idea to mix work with the river valley.

Working with local designers, Loewen wants to create workstations in some city parks so people can enjoy the short summer season.

Loewen envisions a dock to plug a computer in as well as some type of shelter to protect from the elements and possibly Wi-Fi connection in

some areas.

Although the city has yet to approve the project, Loewen believes it will help bring more people to what she considers to the city's gem.

Louise McKinney Park and near the Alberta Legislature grounds are some of her initial spots that she would like to see beta sites for the idea.

"There's definitely some advantage to having them downtown," she said.

Quoted

"I think it would be a different way to approach working in Edmonton."

Marissa Loewen, who is working with local designers on the project

She is currently taking email suggestions on how to better the project.

STEPHANIE DUBOIS/METRO



Summer Sales Event. On Now.

Enjoy 3 payments waived and additional cash credits.

THE 2014 E 250 BlueTEC 4MATIC™.
TOTAL PRICE¹: \$60,440**

Finance APR	Lease APR	Lease Payment	Plus receive:
0.9%*	2.9%*	\$558*	3 months
60 Months	45 Months	\$9,187* Down	payments waived²

IN ADDITION, RECEIVE CASH CREDITS OF \$1,000†.

†Taxes extra.

THE 2014 ML 350 BlueTEC 4MATIC™.
TOTAL PRICE¹: \$64,040**

Finance APR	Lease APR	Lease Payment	Plus receive:
1.9%*	3.9%*	\$698*	3 months
60 Months	39 Months	\$9,197* Down	payments waived²

IN ADDITION, RECEIVE CASH CREDITS OF \$1,500†.

†Taxes extra.



Ask us about Prepaid Maintenance.
 Mercedes-Benz.ca/PPM



Mercedes-Benz

The David Morris Difference:
 Great Selection on All Models

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.com

Mercedes-Benz STAR DEALER



© 2014 Mercedes-Benz Canada Inc. 2014 ML 350 BlueTEC 4MATIC™ with Bi-Xenon package/2014 E 250 BlueTEC 4MATIC™ with LED Lighting package shown above. Total Price \$65,040/\$59,100. **Total price of \$64,040/\$60,440 includes freight/PDI of up to \$1,995, dealer admin fee of \$495, air-conditioning levy of \$100, EHF tires of up to \$16, PPSA up to \$27.80, AMVIC fee of \$6.25, and all applicable taxes due at signing. †Lease offers based on the 2014 ML 350 BlueTEC 4MATIC™/2014 E 250 BlueTEC 4MATIC™ are available only through Mercedes-Benz Financial Services on approved credit for a limited time. Lease example based on \$698/\$558 per month for 39/45 months. Down payment or equivalent trade of \$9,197/\$9,187 plus security deposit of \$700/\$600 and applicable taxes due at lease inception. MSRP starting at \$61,400/\$57,800. Lease APR of 3.9%/2.9% applies. Total obligation is \$37,105/\$34,890. 18,000/18,000 km/year allowance (\$0.30/\$0.30/km for excess kilometres applies). Finance example is based on a 60/60-month term and a finance APR of 1.9%/0.9% and an MSRP of \$61,400/\$57,800. Monthly payment is \$966/\$852 (excluding taxes) with \$8,777/\$8,467 down payment. Cost of borrowing is \$2,710/\$1,151 for a total obligation of \$66,719/\$59,561. †Additional Cash Credit of up to \$1,500 applicable to lease and finance offers on 2014 B-Class (\$1,000), CLA (\$1,000), E-Class Sedan (\$1,000), GLK (\$1,500), and M-Class Models (\$1,500) including AMG. †First, second and third month payment waivers are capped for the 2014 B-Class/2014 C-Class Sedan/2014 E-Class Sedan & Wagon/2014 M-Class up to a total of \$1,200/\$1,350/\$2,550/\$2,550 (including taxes) for lease programs and up to a total of \$1,800/\$1,950/\$3,150/\$3,150 (including taxes) for finance programs. Vehicle license, insurance, and registration are extra. Dealer may lease or finance for less. Offers may change without notice and cannot be combined with any other offers. See your authorized Mercedes-Benz dealer for details or call the Mercedes-Benz Customer Relations Centre at 1-800-387-0100. Offers end August 31, 2014.

Winter will be miserable.
You don't have to be.

Book your vacation early to lock in the lowest price!



The WestJet Vacations Price Guarantee is back and like no other. Book your vacation package early and if the price drops after you book, we'll refund you the difference in WestJet dollars (excluding taxes and fees). The best part is you can take advantage of our Price Guarantee an unlimited number of times, with no refund maximum, up to 21 days prior to departure.

Limited time offer.
Book now at westjetvacations.com

WESTJET
vacations

*Offer valid on a minimum 3-night WestJet Vacations booking made between July 10, 2014 and September 30, 2014 (11:59 p.m. MT) inclusive, for travel from October 26, 2014 until April 25, 2015 inclusive. New bookings only. WestJet Vacations Price Guarantee is valid up to 21 days prior to departure. To qualify, an identical lower-priced WestJet Vacations package must be found by the guest. Reimbursement will be granted when the guest calls 1-877-737-7001 with their booking reference number to notify WestJet Vacations of the lower price while the price is available online, and the WestJet Vacations agent verifies the difference. Approved reimbursements will be issued in WestJet dollars for the value of the price difference on the base price of the package. Non-refundable and non-transferable. New bookings only. Not valid on group bookings. Offer is available to WestJet Rewards members only. To join, visit westjet.com/rewards. Offer is subject to change without notice. WestJet reserves the right to amend or discontinue the offer at any time. For full offer details, please visit westjetvacations.com. ©Registered trademark of WestJet Airlines Ltd. WestJet dollars is a registered trademark of WestJet Airlines Ltd.

Tories. Horner refuses to heed calls for resignation

Finance Minister Doug Horner is rejecting calls from the Opposition Wildrose party to resign over the controversy surrounding former premier Alison Redford's travel expenses.

Doug Horner says in a letter to the Progressive Conservative caucus that it's "blatantly false" to suggest he misled Albertans about Redford's use of government planes and other public



Doug Horner
THE CANADIAN PRESS

resources. Horner says he will not let the Wildrose bully him into stepping down. He also says in his letter that the truth is his defence.

THE CANADIAN PRESS

FIBA. City hosting women's Olympic hoops qualifier

The road to the Rio Olympics for women's basketball teams in the Americas will go through Edmonton.

Alberta's capital will host the 2015 FIBA Americas Championship for Women. The tournament will determine who qualifies directly to the 2016 Olympic Games in Rio de Janeiro.

The championship will take place Aug. 9 to 16, 2015,

with 10 teams competing in the eight-day tournament.

All 24 games are being played at the University of Alberta.

"Our Canadian women's national basketball team now has the opportunity to compete for an Olympic berth with a home-court advantage," said Canada Basketball executive director Michele O'Keefe.

THE CANADIAN PRESS

Varied cuisines now available for delivery

At your fingertips.

Skip the Dishes allows people to order food from more than 75 local restaurants



STEPHANIE DUBOIS
stephanie.dubois@metronews.ca

Craving something other than pizza for delivery? Edmonton is now the latest city to get access to a new delivery service that allows people to order a variety of food.

Using couriers, Skip the Dishes sends over food from a variety of cuisines typically not available for delivery from full menus.

"We're trying to make it as easy as possible for people to get the food they want delivered to wherever they want it," said Jeff Adamson, one of the founders of the Western Canadian company.

Currently, more than 75 Edmonton restaurants are part of the food-ordering website. Orders are delivered 95 to 98 per cent of the time in under an hour.

The downtown and Whyte

Quoted

"We're trying to make it as easy as possible for people to get the food they want delivered to wherever they want it."

Jeff Adamson, Skip the Dishes co-founder

Avenue areas are the focus for the company, and it's looking to add more restaurants to a list of local eats.

Edmonton is the latest city in Western Canada to adopt the service, with similar offerings available in Calgary and Winnipeg.

Prices vary with each restaurant and customer location, but delivery costs can be anywhere from free to an average of \$4 to \$6.

With a growing restaurant scene in Edmonton, owners want to offer as many options as possible to foodies in the city.

"Edmonton is currently growing and there are just so many good restaurants here," said Adamson.

Follow Stephanie Dubois on Twitter @MetroSteph



Food courier Peter Doroshuk is pictured. Skip the Dishes, a different food delivery service, has made its way into Edmonton. COURTESY ANDREW SCHELLENBERG

Recruiting

EPS not concerned about wave of fresh faces

With a massive recruiting drive underway, Edmonton police believe the force can handle the flood of new officers ready to join the ranks.

The force is hoping to add as many as 180 officers a year over the next five years, to help deal with attrition and growth in the city.

Sgt. James McLeod, who oversees recruiting, said he expects the officers will be spread out across the force's divisions so that no individual squad will be flooded with new recruits.

"Some squads may not even receive a recruit until the later part of the year," he said.

McLeod said the training is top-notch and, more than anything, he's concerned about the workload on the trainers, who will have a lot to deal with over the next few years.

"They're going to be

worked harder," he said. "There's going to be an emphasis, with more recruits going through, on making sure that they have all the right tools in their tool belt."

Sgt. Tony Simioni, with the Edmonton Police Association, said there will be a lot of experience leaving the force, but that it's manageable.

RYAN TUMILTY/METRO



Health workers wearing protective clothing and equipment against the Ebola virus sit at the Kenema Government Hospital, situated around 300 kilometres from the capital city of Freetown in Sierra Leone. MICHAEL DUFF/THE ASSOCIATED PRESS

Ebola drug still not given to Africans

'It certainly looks bad.'
Experimental drug ZMapp has been given to two Americans and a Spanish missionary priest

In a development that raises a host of ethical issues, Spain announced it had obtained a scarce U.S.-made experimental Ebola drug to treat a Spanish missionary priest infected with the killer virus.

So far the experimental drug, ZMapp, has been used to treat two infected Americans and a Spaniard, but no Africans, for a hemorrhagic disease that has been ravaging West Africa for months and has killed about 50 per cent of those it infected.

There is no known cure or licensed treatment for Ebola, which has killed more than 960

people in the current outbreak.

The drug's maker, Mapp Pharmaceutical Inc., says that "very little of the drug is currently available" and that it is co-operating with government agencies to increase production.

"It certainly looks bad that only three Westerners have gotten the drug while most of the people with Ebola are African," said Art Caplan, director of bioethics at NYU Langone Medical Center. He said the drugmaker must make its policy for distributing its treatment clear.

Still, Caplan said there may be an explanation for why only Westerners were given the drug, including the need for a sophisticated medical centre to administer it and monitor the patient carefully since the drug hasn't been tested in humans.

In Nigeria, which says it has 10 confirmed cases of Ebola, some demanded the serum on Twitter. **THE ASSOCIATED PRESS**

Iraq

Obama welcomes new leadership as U.S. provides arms to Kurdish forces

U.S. President Barack Obama welcomed new leadership in Iraq as "a promising step forward" Monday amid a political and security crisis in Baghdad, saying the only lasting solution is the formation of an inclusive government.

Obama did not mention Prime Minister Nouri al-Maliki, but was nudging the incumbent to step aside as he urged Iraqi political leaders to work peacefully through a political transition.

"The United States stands ready to support a government that addresses the needs and grievances of all Iraqi people," Obama said.

Obama's remarks came as the U.S. conducted more airstrikes against the Islamic State in northern Iraq.

A Kurdish government official said U.S. weapons being sent to the city of Irbil — where U.S. personnel are based — consist mostly of light arms and ammunition. Militants have "obtained some heavy weaponry, and the Kurds need additional arms and we're providing those," said State Department spokeswoman Jen Psaki.

THE ASSOCIATED PRESS

Red Cross to lead aid mission in east Ukraine

Ukrainian forces on Monday zeroed in on rebel strongholds as the government welcomed an international humanitarian relief mission into the rebellious east involving Russia, the United States and the European Union.

The mission will be conducted under the auspices of the International Committee of the Red Cross. The organization said in a statement it is ready to facilitate the operation with the involvement of

all sides concerned, following a Russian initiative to provide humanitarian assistance to people in eastern Ukraine. It wasn't clear when deliveries would start.

"The practical details of this operation need to be clarified before this initiative can move forward," said Laurent Corbaz, the ICRC's head of operations for Europe and Central Asia.

Moscow had long urged Kyiv to allow the aid delivery, but Ukraine and the West pre-

viously had opposed the move, fearing it could serve as a pretext for sending Russian troops into rebel-held territory.

The Red Cross said it has shared a document with Ukrainian and Russian authorities that stipulates all parties must guarantee the security of its staff during the operation and respect the organization's neutrality.

Officials in Kyiv specified Monday that the Ukrainian government was behind the hu-

manitarian convoy initiative, and that Russia was only one of several countries involved.

The ministry also laid out specific conditions for the aid shipment, saying it should pass through only checkpoints controlled by the Ukrainian government.

It also said that the aid will be distributed by the Ukrainian authorities in the Luhansk region, one of the two mostly Russian-speaking rebel provinces. **THE ASSOCIATED PRESS**



It's the Summer of C-Class. Don't wait.

For a limited time enjoy a finance rate of 0.9% for 60 months on all 2010, 2011 & 2012 C-Class models.*

Become the new owner of a Mercedes-Benz Certified C-Class and benefit from:

- Reassurance: 150-point certification inspection
- Warranty: standard Star Certified warranty up to 6 years or 120,000 km
- Confidence: complete vehicle history report
- Security: 24-hour special roadside assistance
- Peace of mind: five day/500 km exchange privilege

For a complete listing, visit davidmorrisfinecars.com

0.9%* 60*
Finance APR Months

*Excluding AMG.

Mercedes-Benz
CERTIFIED

Certified. Affordable. Luxury.



Mercedes-Benz



2011 C 250 4matic™, \$29,999 Total price + GST

Stock # shown P11-11599

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.com

Mercedes-Benz STAR DEALER



© 2014 Mercedes-Benz Canada Inc. *0.9% financing only available through Mercedes-Benz Financial Services on approved credit for a limited time. Available for 60 month finance on model year 2010, 2011 and 2012 Certified Mercedes-Benz C-Class (less than 140,000 km) (excluding AMG). Finance example based on a 2010 model: \$25,000 at 0.9% per annum equals \$426.27 per month for 60 months. Cost of borrowing is \$576.20 for a total obligation of \$25,576.20. Down payment may be required. Vehicle licence, insurance, registration and sales taxes are extra. Dealer may lease or finance for less. All other Mercedes-Benz passenger cars models start at 0.9% for 36 months (excluding AMG). Offer may change without notice and cannot be combined with any other offers. See your authorized Mercedes-Benz dealer for details or call the Mercedes-Benz Customer Relations Centre at 1-800-387-0100. Offers end August 31th, 2014.

Doctor calls on Ottawa to let injured Gaza kids into Canada for treatment

'These children are in need.' Dr. Izzeldin Abuelaish says proposal has nothing to do with politics, only ethical and moral responsibility

The federal government should rethink their resistance to bringing severely injured children from war-torn Gaza to Canada for the medical treatment they need, a high-profile Palestinian doctor organizing the effort said Monday.

Izzeldin Abuelaish, whose three daughters died in the 2009 conflict in Gaza, is urging Foreign Affairs Minister John Baird to support a proposal to allow 100 wounded kids into Ontario, which is willing to treat them.

It has nothing to do with politics, the university professor said. There's an ethical

and moral responsibility to help in times of need.

"Don't deprive the Canadian people, the Canadian professionals, of this opportunity," Abuelaish said in an interview. "Don't let it down."

Only Ottawa can provide the necessary visas for the children and their guardians, but the federal government suggests it may be better for Canadian doctors to travel to Gaza instead.

"Make no mistake, there is only one party responsible for the suffering of the Palestinian people, and that is the international terrorist group Hamas," Baird's spokesman Adam Hodge said in an email.

The government is considering how best to deploy Canadian resources to assist, such as increasing capacity at hospitals in Gaza, Jordan and Israel, as well as field hospitals, to treat the wounded, Hodge said.

But Abuelaish said it would be difficult to ensure

the safety of Canadian doctors in Gaza, whose health-care system is severely damaged and overloaded with injured civilians, including thousands of children.

"It's urgent," he said. "These children are in need."

Doctors would take only children who are stable enough to travel, Abuelaish said. The children would stay for a month or more until they're well enough to go back.

Many of them suffer from burns, amputations, disfigurements and other injuries that could receive the specialized care that wouldn't be available to them in Gaza, he said.

Ontario Health Minister Eric Hoskins, a physician who has worked in war zones, said the province is willing to treat injured children from Gaza and Israel. Five hospitals, including Toronto's Hospital for Sick Children, have said they're ready to help.

THE CANADIAN PRESS

Quoted

"This is humanitarian, Canadian; it's not ethnic, religious or any political cause. It's Canadian, under one flag — the red Maple Leaf flag."

Dr. Izzeldin Abuelaish, who says the federal government should rethink their resistance to bringing severely injured children from war-torn Gaza to Canada for medical treatment



Dr. Izzeldin Abuelaish is urging the federal government to allow children wounded in Gaza to come to Canada for treatment, saying Gaza's health-care system is overwhelmed. ANDREW WALLACE/TORSTAR NEWS SERVICE FILE

A SPY IS NEVER OUT OF THE GAME

PIERCE BROSNAN LUKE BRACEY

THE NOVEMBER MAN

IN THEATRES AUGUST 27

#THENOVEMBERMAN

You could **WIN**

an advance screening pass for 2 to see

THE NOVEMBER MAN

in theatres **August 27**

club metro .com

Visit clubmetro.com to enter

Survey. Depression, PTSD, anxiety common among members of the military

About one in six members of the military have reported experiencing symptoms of mental or alcohol disorders, Canada's number crunching agency said Monday amid calls for "proactive" measures to combat the problem.

In a 2013 survey of full-time regular Canadian Forces members, Statistics Canada found that nearly 17 per cent of respondents had experienced symptoms in the previous 12 months, consistent with at least one of a half-dozen disorders.

The military has been grappling to identify the triggers that led to a series of suicides among soldiers in 2013 and earlier this year.

A report last fall that reviewed 38 suicide investigations came up with 74 different recommendations on how to deal with the issue.

There were 25 confirmed suicides in 2011 and an additional 17 deaths in 2012, said the report.

Statistics Canada's Canadian Forces Mental Health Survey asked about major bouts of depression, post-traumatic stress disorder, incidents of anxiety or panic and alcohol

abuse, as well as alcohol dependence.

Major depressive episode was the most common disorder reported, with eight per cent of regular force members meeting the criteria.

Roughly five per cent reported having experienced symptoms of post-traumatic stress disorder or anxiety.

"Symptoms consistent with post-traumatic stress disorder were reported by 5.3 per cent of full-time regular force members in the 12 months prior to the 2013 survey, while 4.7 per cent reported symptoms consistent with generalized anxiety disorder," the agency reported.

Another 3.4 per cent reported symptoms consistent with panic disorder.

Soldiers also reported troubles with substance abuse.

Of the regular force members surveyed, 2.5 per cent said they had symptoms consistent with alcohol abuse while two per cent said they were dependent on alcohol.

The results are somewhat in line with the Canadian Mental Health Association's findings among the general population. **THE CANADIAN PRESS**

Toronto

Police probe bomb threat demanding Rob Ford quit as Toronto's mayor

Police were dispatched to Toronto city hall Monday as Mayor Rob Ford revealed a threat was made to bomb the building unless he resigned, but no evacuation was ordered or explosive materials found.

Ford announced the threat to reporters, saying it had been sent in an email to his brother, Coun. Doug Ford, on Sunday night.

The mayor held up a copy of the typo-ridden note, which says there has been "chaos" since Ford returned from rehab in late June.

"He has 12 hours to vacate otherwise city hall will blow."

Ford defended going public about the email.

"When I get something this serious sent to my brother's office and to the deputy mayor's office it's only proper that the mayor of the city addresses this."

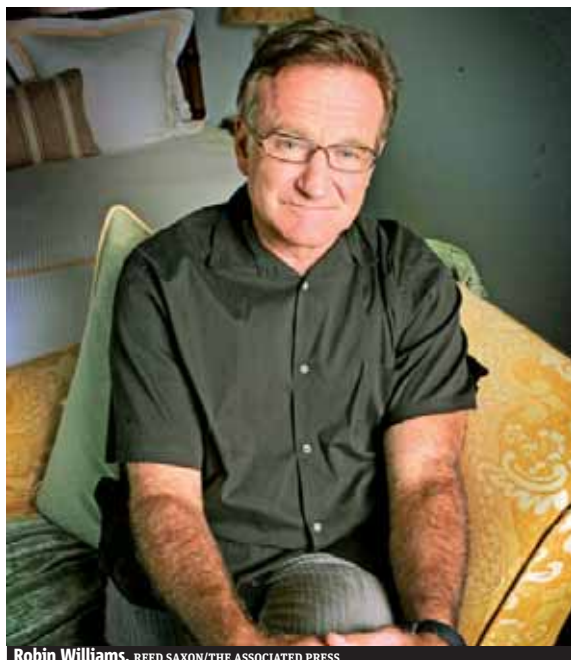
THE CANADIAN PRESS



Rob Ford

TORSTAR NEWS SERVICE

Oscar-winning actor, comedian dead at 63



Robin Williams. REED SAXON/THE ASSOCIATED PRESS

Robin Williams.
Hollywood legend pronounced dead in Marin County home, apparently due to suicide by asphyxiation

Robin Williams, the Academy Award winner and comic supernova whose explosions of pop culture riffs and impressions dazzled audiences for decades and made him a gleamy-eyed laureate for the Information Age, died Monday in an apparent suicide. He was 63.

Williams was pronounced dead at his home in California on Monday, according to the sheriff's office in Marin County, north of San Francisco. The sheriff's office said a preliminary investigation shows the cause of death to be a suicide due to asphyxia.

"This morning, I lost my husband and my best friend, while the world lost one of its most beloved artists and beautiful human beings. I am utterly heartbroken," said Williams' wife, Susan Schneider. "On behalf of Robin's family, we are asking for privacy during our time of profound grief. As he is remembered, it is our hope the focus will not be on Robin's death, but on the countless moments of joy and laughter he gave to millions."

Williams had been battling severe depression recently, said Mara Buxbaum, his press representative.

Williams shot to fame in the late '70s as the alien in TV's *Mork and Mindy*. He conquered the big screen in comic films such as *Good Morning, Vietnam* and *Mrs. Doubtfire*. But he won his Academy Award in a serious role — as the therapist in *Good Will Hunting*.

THE ASSOCIATED PRESS

Justin Bourque

Moncton shooter intended to target police

Justin Bourque admitted that he targeted police officers on the evening in June that he fatally shot three Mounties and injured two others in Moncton, N.B., using a semi-automatic weapon.

An agreed statement of facts filed with the Court of Queen's Bench says Bourque used a Poly Technologies Model M305, 308-calibre Winchester semi-automatic rifle in the shootings that happened between 7:18 p.m. and 8:13 p.m. on June 4.

Bourque pleaded guilty Friday in the Court of Queen's Bench in Moncton to three charges of first-degree murder and two counts of attempted murder.

The 24-year-old returns to court Oct. 27 when victim impact statements and pre-sentencing documents will be filed with the court.

THE CANADIAN PRESS

Turkey

Conjoined dolphin discovered

Turkish media reports say scientists will examine a two-headed dolphin that washed ashore in western Turkey.

The private Dogan news agency said the remains of a conjoined dolphin calf were discovered on a beach in Dikili, near the Aegean city of Izmir, last week by a vacationing gym teacher.

Akdeniz University marine biologist Mehmet Gokoglu said the dolphin was an unusual and rare occurrence.

THE ASSOCIATED PRESS



Photo of conjoined dolphins taken by gym teacher Tugrul Metin. THE ASSOCIATED PRESS

INTERACTIVELY

NEW

ABSOLUTE WHEY PROTEIN BARS

FEATURING 100% CERTIFIED NEW ZEALAND WHEY!

DID YOU KNOW...

Only Interactive Nutrition's Absolute Whey Protein Bar contains only 100% Certified New Zealand Whey Protein as its source. The New Zealand Dairy Industry has incredibly high standards for product safety and humane treatment of their dairy herds, and never use growth hormones, antibiotics, genetically modified organisms or any other chemicals.

- 100% Certified New Zealand Whey
- 14g Protein
- Very High Fibre
- 100% Naturally Sweetened with Stevia
- Zero Trans Fats
- Only 150 Calories per bar!
- Zero Gluten
- Non - GMO
- No Erythritol

Available at these stores:

SANGSTER'S **RUSH NUTRITION**

Available in 3 Delicious Flavours: Decadent Double Chocolate, Delicious Cookie Dough and Peanut Butter Perfection.

What's in Your Protein Bar? Find out at www.coachjvb.com
[facebook.com/CoachJVB](https://www.facebook.com/CoachJVB)
[instagram.com/Coach_JVB](https://www.instagram.com/Coach_JVB)

Coach JVB is a Registered Health & Body Transformation Coach. JVB Fitness & Nutrition

Are housing starts at 'unsustainable' levels?

Canada Mortgage and Housing Corp. Report finds new home building projects increased to a seasonally adjusted pace of 189,784 in July

Some economists warn that the surge in the number of new homes being built in Canada is unsustainable and could approach "worrying" levels if interest rates remain at the current level.

Canada Mortgage and Housing Corp. reported Monday that housing starts increased to a seasonally adjusted annual pace of 189,784 in July, compared with 185,952 in June.

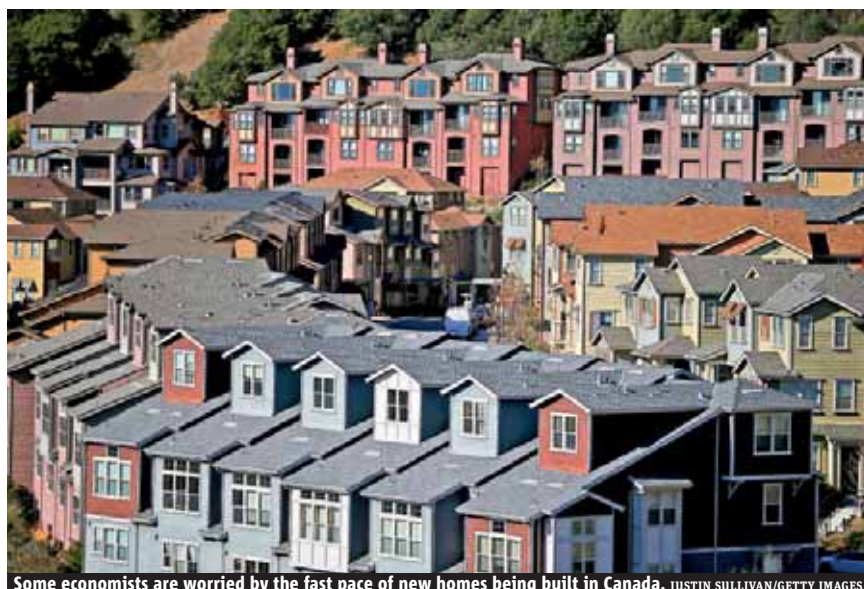
Gains in urban starts were concentrated in Ontario and Atlantic Canada.

The Prairie provinces and Quebec all recorded declines and there were also modest decreases in British Columbia.

July's results mark the fifth consecutive monthly increase in new housing construction.

According to analysis from TD Economics, builders are taking cues from the current housing market, which is riding high on lower interest rates and solid growth in resale prices.

"This level of activity is unsustainable over the near term, on account of an already



Some economists are worried by the fast pace of new homes being built in Canada. JUSTIN SULLIVAN/GETTY IMAGES

moderate level of overbuilding as well as the likely gradual increase in interest rates," says TD economist Jonathan Bendiner.

The Bank of Canada's overnight rate has been set at one per cent since September 2010.

Bendiner forecasts that the pace of housing starts will work its way downward to the 175,000-180,000 unit range through 2015.

The results coincide with Statistics Canada's report last week that a paltry 200 jobs

were added to the economy last month, raising questions as to what's really driving the demand for new housing.

Demand for housing is strong among the 25- to 35-year-old demographic, counters BMO senior economist Benjamin Reitzes.

Young people are increasingly moving to provinces that offer better prospects for employment, driving up demand for housing in a few key provinces, he adds.

However, if building continues at the current pace, it might be difficult to absorb all the units that are currently under construction, says Reitzes.

"We're not quite at that worrying stage yet but it's something to keep an eye on."

The federal agency says the overall increase came as the pace of urban starts increased slightly to 200,098 units in July, compared with 198,665 in June.

THE CANADIAN PRESS

Shopping while black. Barneys settles racial profile case for \$525,000

Upscale American retailer Barneys has agreed to pay \$525,000 US to resolve allegations that minorities were singled out as suspected shoplifters at its flagship store, part of a spate of racial profiling complaints against major retailers last year.

Barneys shoppers and employees complained that detectives followed minority customers around — even after staffers identified them as frequent patrons — and disproportionately investigated their credit-card use, so much so that some salespeople even avoided serving minority shoppers so as to avoid getting calls from store investigators, state Attorney General Eric Schneiderman said Monday.

Besides the \$525,000 in

Quoted

"(This is a) move in the right direction towards fairness and equal respect for all consumers, but we must monitor and continue to be vigilant."

Civil rights activist the Rev. Al Sharpton, said in a statement Monday regarding Barneys' agreement with the attorney general.

fines and expenses, Barneys will hire an "anti-profiling consultant" for two years, update its policy and record-keeping on detaining customers suspected of theft, and improve training of security and sales personnel.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
91.58¢
(+0.43¢)

TSX
15,261.64 (+65.33)

OIL
\$98.08 US (+\$0.43)

Natural gas: \$3.99 US (no change)
Dow Jones: 16,569.98 (+16.05)

GOLD
\$1,310.50 US (-\$0.50)

\$83,000+ in virtual currency

Hacker stole Bitcoins via a Canadian Internet provider

Researchers with a cyber security firm say they have uncovered that a hacker used access to a Canadian Internet provider to hijack large foreign networks, stealing more than \$83,000 US in virtual currency.

The U.S.-based Dell

SecureWorks says the hacker operated between February and May 2014. It's believed the hacker targeted hosting firms with servers that generate Bitcoin — including Amazon in the U.S. and OVH in France — and redirected some activity.

SecureWorks says the hacker likely worked alone and was in Canada, and could be a former or then-current employee of the ISP. THE CANADIAN PRESS

Market Basket

Power struggle rages on at U.S. supermarket chain

Three independent Market Basket board members have called again for the supermarket chain's protesting employees to return to work, and customers to return, and said they are available to negotiate an end to a battle over control of the New England chain.

"We must end this zero sum game and act in the best interests of our Associates, customers — and in the end, our company," the three directors said in a statement.

The directors recently said they had proposed that the fired CEO and his management team return, without taking control, to assist a return to normal operations as talks continue on his bid to buy out other family members who own a majority of the company. THE ASSOCIATED PRESS

Customer disloyalty? Businesses finding you can't buy love, or loyalty

With competition fierce for consumer dollars, companies are pulling out all the stops to build loyalty, from cost-cutting and loyalty programs to shamelessly broadcasting the bestowment of gifts on surprised customers.

But marketing experts say these tactics don't work unless consumers actually like the product or service being reinforced.

"Basically, you're trying to buy friendship," says Ken

Wong, a marketing professor at Queen's University. "You're trying to suggest to people that you're this good guy bank or this good guy airline. But the reality is, if you want to be a good guy, give good service."

The pressure stems from consumers that are much more selective in the products and services they want and willing to spend the time online to find the best price.

THE CANADIAN PRESS

Reduce your debt by up to 75%

Ask about a consumer proposal.

A **consumer proposal** can reduce debt and consolidate your debt helping you successfully find a debt solution!

Contact us, we'll help you find the right solution.

310-8888 or visit **GT.Alger.ca**

Phone consultations are available!



Karen Horvath, CIRP & Freida Richer, CIRP



Grant Thornton

Proposal Administrator & Trustee in Bankruptcy

© Grant Thornton Limited, A Canadian Member of Grant Thornton International Ltd.

PEOPLE, U NEED 2 STOP IT!!! SMH

In today's fast-paced dating world of liking and swiping, poor texting habits can be an immediate deal-breaker.

According to a recent Digital Flirting Rules survey by Omlet — a new open messaging app developed by Stanford students — both men and women ranked informal spelling and funky abbreviations as their No. 1 turnoff when it comes to mobile messaging.

Multiple exclamation points, poor punctuation and grammar, all lower case words and acronyms (IDK, BRB, WTF) also ranked high on the list of chatting pet peeves among young adults.

Who knew we were so formal?

I guess ur cre8tive msgs might not B wrking 4 u after all.

A ubiquitous array of free and monetized apps and dating sites have radically changed the way we seek out and com-



SHE SAYS
Jessica Napier
metronews.ca

municate with our potential romantic partners.

Even if you actually manage to connect with a stranger IRL (in real life), followup flirtations are bound to happen between your devices. Which means early on in the relationship, your touchscreen courtship skills are just as important as in-person chemistry.

So if poor sentence structure and truncated words are irritating texting turnoffs — are we doing anything right?

Typing LOL after every sentence or using multiple exclamation points might come across as desperate (and annoying!!!), but research shows that cutesy emoticons are actually surprisingly lovable in reasonable doses.

According to Omlet's survey, 31 per cent of men and 38 per cent of women prefer to receive chat and text messages with multiple emoticons and emojis.

So feel free to pepper your correspondence with a casual thumbs-up or a flirty wink-face — just don't go overboard.

Excessive emojis are acceptable when swapping stories among friends, but you should probably resist the urge to spell out your first-date plans in a hieroglyphic paragraph of beer glasses and ramen-noodle bowls.

It's also advisable to avoid employing symbolic hearts to express real emotion, unless you're an eight-year-old.

Ultimately, timing is everything when it comes to digital communication. Frequency, followup speed and time of day are important considerations for both men and women who are pursuing a new relationship via their smartphone. And if you're really interested in someone, you should be taking the time to spell out your words and punctuate your sentences correctly.

And for goodness sake, let's all give up the Y2K-era text-speak; even the most lacklustre romantic prospect deserves better than a lazy and dated "c u l8er."

It's all good in Djerbahood



A woman looks at a mural by South African artist Faith47 that decorates a wall in the village of Erriadh, on the Tunisian island of Djerba, as part of Djerbahood. For more murals, scan this photo with your Metro News app. ALL PHOTOS JOEL SAGET/AFP/GETTY IMAGES

International mural project hits remote island town

- French-based Tunisian artist Mehdi Ben Cheikh has invited artists from all over the world to take part in an initiative to turn a district in a village on North Africa's largest island into an "open sky museum."
- Contributors include Belgian-based ROA, who made use of the town's many domed buildings to create an octopus, jellyfish and other creatures; France's C215, a.k.a. Christian Guémy, who contributed many delightful stencilled cats to post-office boxes and doors all over town; and South Africa's Faith47, whose work Hunt Her depicts an ethereal unicorn that looks like it has adorned the crumbling wall it sits on for centuries.
- The town of Erriadh, Djerba, in Tunisia, with its pale walls and charming architecture, provided the artists with the perfect backdrop and plenty of inspiration.

By the numbers

150

Thirty-four artists from 150 countries took part in the project.

Online

For more on the project, visit djerbahood.com.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 12 in Scene, page 15 in Life and page 18 in Edmonton.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.



MetroTube

A! Oh! Let's yo



ANDREW FIFIELD
andrew.fifield@metronews.ca

While the rest of us spent the weekend soaking up those precious drops of summer that will slowly slip away over the coming weeks, 18-year-old California wunderkind Gentry Stein was busy showing up his competition at the 2014 World Yo-Yo Contest in Prague with a dizzying, worrying performance of throws. Fair warning: If you're not into the music "the kids" are into these days, then you're REALLY not going to be into Gentry's selection here. So maybe dull your audio a bit. (c3yoyodesign YouTube)



SCREENGRAB



DVD review



Muppets Most Wanted

Director. James Bobin

Stars. Ricky Gervais, Ty Burrell, Tina Fey

It's not easy being a cash machine. Muppets Most Wanted makes this as plain as the nose on Miss Piggy's face. Just two films into the rebooted Muppets movie series, franchise fatigue is already setting in. All involved admit they don't really know where to go — except to the bank. The film is bookended by songs that parody the perils of following a hit, which The Muppets very much was in 2011. "Everybody knows the sequel's never quite as good," goes one line, and ain't it the truth? Missing in action are Jason Segel and Amy Adams, the human foils for Miss Piggy. Kermit the Frog, Fozzie Bear and the rest of the late Jim Henson's cloth-headed clowns. Segel's enthusiastic pen is also absent, leaving Nicholas Stoller, his co-writer from The Muppets, to do the heavy quipping on his own. Yet they get away with it, mostly. In the show-must-go-on style that's always been a Muppets mainstay, everybody gets down to business, confident that audience goodwill will see them through — and it often does.

PETER HOWELL

Jeff Bridges is a big fan of one certain kid novel

The Giver. Actor claims he's been trying to get beloved book onto the big screen for the past 18 years



NED
EHRBAR
Metro World News in Hollywood

Lois Lowry's 1993 hit young adult novel *The Giver* has a lot of die-hard fans, but possibly none as die-hard as Jeff Bridges ... No, really.

The Oscar-winning actor has been trying to get a film version of the book — about a future society where emotions and memories are controlled to keep the peace — for the past 18 years. Well, he finally got his wish.

You've been behind this film for a while. Is this a more personal project for you than some others you've done recently?

Yeah, I think so. I've been involved with it for about 18 years. I originally wanted to direct my father, Lloyd Bridges, in the film. As a matter of fact, somewhere we have a videotape of me doing just that. We read through the whole book, my dad played the Giver. Dylan, my brother's son, played Jonas, one of his sons shot it, my buddy Bud Cort narrated the whole thing, and we have that somewhere. Hopefully we'll break it out for the DVD.

What would you say was the biggest cause for delay in getting this movie made?



Jeff Bridges says years ago he made a home movie of *The Giver* with his father and nephew. CONTRIBUTED

I think the challenge of creating that world, for one thing. And also there's a certain danger element to the book. I thought it would be much easier than it turned out to be to get it made. I mean, 12 million copies sold in 21 countries, a Newbery (Medal) award-winning book, taught in schools ... But it's also on the banned books list, so it's quite controversial. A lot of people felt it was too risky for kids to know that information. There's sexual themes in it, a little bit of violence — but nothing compared to other movies that are out today. And then you have the euthanasia element, different things like that. And I

think that made the financiers question whether it would be accepted or not. And then movies like *Hunger Games* — which my understanding is they were inspired by *The Giver*, that book — their success really helped our movie get made.

Do you find now, since winning the Oscar, that you're being put in the "serious actor" niche?

Well now I've kind of taken that strategy of playing things differently and thrown that out the window. Now I just jam and do whatever. I'm not too concerned about my career anymore. I'm just kind

AUGMENTED REALITY

→ The creation of sameness? Scan this photo with your Metro News app for a clip of Jeff Bridges in the new film *The Giver*!



→ See the full instructions on Metro's Voices page.

of playing. I try to resist being engaged in anything because I know what it takes. And that's also been kind of my game plan, to kind of resist.

Tropicalaser®
Now Skin. Now Look. Now You.

\$900 for 8 treatments of Brazilian + Underarms
Regular cost 8 sessions Brazilian \$900/
8 sessions underarms \$800...

You save \$800!

Summer special valid for purchases
before September 20, 2014

10112 80 Ave NW, Edmonton
tropicalaserlberta.com **780.705.6370**

Experience the Tropicalaser difference - where results ARE guaranteed!

STARTING AT
\$295,000

SYMPHONY TOWER

EUROPEAN
INSPIRED
MASTERPIECE

SYMPHONYTOWER.CA/PLANS
(780)701-0058

OVER 30% SOLD!

Ford fit to be Star Wars right Han man again

Good news, Star Wars fans. Han Solo seems to be doing just fine. Harrison Ford was spotted looking fit as ever boarding a private jet in Los Angeles this weekend, presumably heading back to London to continue work on Star Wars: Episode VII after a production-upsetting injury earlier this year. The shooting schedule for the highly anticipated sequel was rearranged to accommodate Ford's recovery time, as the star of the original film trilogy is said to have a significant role in the new installment.



Harrison Ford ALL PHOTOS GETTY IMAGES

The Word

Love burned through \$27M, but that's OK — it was only 'Nirvana money'



NED
EHRBAR
Metro in Hollywood

It's official. Courtney Love has spent more money than any of us will probably ever have. And most of that cash she blithely dismisses as "Nirvana money." The nerve! "I lost about \$27 million," she tells Style magazine. "I know that's a lifetime of money to most people, but I'm a big girl, it's rock 'n' roll. It's Nirvana money; I had to let it go." Well, she could've at least been nice enough to let some of it go in my direction, if she was so eager to part with it. Sheesh. And hell, I'm just a Nirvana fan. Imagine what Krist Novoselic would say. "I make enough to live on, I'm financially solvent, I focus on what I make now," Love



says, adding insult to injury. So where did those millions go? Well, a lot of it came from her habit of mixing prescription drugs and social networking. As you do. Love explains that she'd get

loaded and make remarks on Twitter that would result in people suing her, and she's still working out a few of those libel cases. But don't worry, she's a big girl. It's rock 'n' roll.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Chloe calls whole dating thing 'stupid,' was just hanging out with Becks Jr.

Apparently now that E! News has broken the seal on the purported teenage romance between 17-year-old Chloe Moretz and 15-year-old Brooklyn Beckham, the topic is fair game, as the Sunday Times magazine interrupted an interview with the If I Stay actress to press her on the issue. Only one thing, though: Moretz ain't having it. "I don't even know what dating is at this point. It's all so stupid," said Moretz, who was recently seen enjoying an afternoon of skateboarding with Young Master Beckham. "Why can't you just hang out with each other? Go to dinner if you want to? Why can't you go skateboarding if you want



Chloe Moretz

to go skateboarding with a guy?" Oh, honey. You're going to be asking yourself questions like that for a long, long time.

"A THOUGHTFUL ROMANCE THAT HASN'T REALLY BEEN NAILED SINCE *HARRY MET SALLY*"
— ANDREW PARKER, DORKSHELF

THIS SUMMER IT'S ALL ABOUT...

THE F WORD

THE DIRTIEST WORD IN ROMANCE — FRIENDS

DANIEL RADCLIFFE ZOE KAZAN MEGAN PARK ADAM DRIVER

A FILM BY MICHAEL DOWSE DIRECTOR OF "GOON"

ENTERTAINMENT ONE PRESENTS A FILM BY MICHAEL DOWSE "THE F WORD" DANIEL RADCLIFFE ZOE KAZAN MEGAN PARK ADAM DRIVER MACKENZIE DAVIS AND PAUL SPILL

IN THEATRES AUGUST 22

Visit clubmetro.com to enter

THERE IS NO JUSTICE WITHOUT SIN

FRANK MILLER'S
SIN CITY
A DAME TO KILL FOR

presented by ROBERT RODRIGUEZ
and FRANK MILLER

IN DIGITAL 3D AND REAL D 3D

YOU COULD WIN
an advance screening pass to see

FRANK MILLER'S
SIN CITY
A DAME TO KILL FOR

on
AUGUST 21st

VISIT
club metro
.COM
TO ENTER

e one

No purchase necessary. Contest entry open Aug 11, 2014 until Aug 17, 2014 to legal res. of Canada (excl. QC) of age of majority in their prov. of residence as of entry. Prizes avail.: 10 double passes for a screening of "Sin City: A Dame to Kill For" awarded in each of Toronto, Vancouver, Calgary, Edmonton, Ottawa, Winnipeg and Halifax. ARV \$25/ pass. Odds dep. on number of eligible entries rec'd. Internet, email address, math skill-test req'd. Rules and entry: www.clubmetro.com

Trapped in the chronic complaining trap? Get out!



People complain because they are bored, unhappy or it has become a habit.
ISTOCK

Tips. Even the most positive people get whiny sometimes. Recognize the reasons why you're doing it so that you can stop

GABRIELLE BERNSTEIN
Author of *Spirit Junkie*

We're bored

When we feel uninspired, we often look for things to complain about.

It can be easier to direct our energy toward something negative than it is to get creative and find ways to stimulate our mind.

The best way to combat this pattern is to redirect your focus. Choose to shift your energy from complaining to celebrating.

For instance, if you catch yourself complaining about the food at lunch, immediately shift your focus onto what you plan to cook for dinner.

Instead of fixating on what you don't like, take back your sense of control and think about what you can create.

When you realize you're capable of effecting change, the urge to complain fades.

Do you have a knack for zeroing in on what's wrong in a situation? Do you tend to focus on what's not working rather than what is? Do you fixate on flaws and let them ruin your experiences?

Heads up: You've fallen into the trap of complaining. It happens.

Even the most positive and easygoing among us can get caught in it.

But you've probably

noticed that complaining doesn't actually make you feel better.

In fact, it usually darkens your outlook and saps your energy. When you find yourself breaking out complaints more often than you're expressing gratitude, turn things around by getting to the core of your behaviour.

There are three big reasons we complain — and simple ways to tackle each one.

We're not happy

Often when we complain about the negativity around us, we're unwilling to look at the negativity within us.

Therefore, we project our sadness outward by complaining about other people, our surroundings, or life in general. It's easier and more comfortable to blame things external to us.

But I'll let you in on an open secret: Facing up to the negativity within is liberating, because you can change it. The simple way out of this pattern is to focus on the good stuff. Proactively choose to focus on what feels good and what makes you happy.

Scientific research backs up the idea that focusing on what makes you happy really does bring more joy, energy and excitement into your life.

Set an alarm for three times throughout the day, and when it goes off do something simple to shift your focus.

It's a habit

Whenever I notice myself complaining, I witness an old habit showing up.

Even though this pattern of behaviour no longer resonates with me, it still pops up sometimes. The best way to change the habit is to witness it and then choose to see it differently.

If you catch yourself in the moment that you're complaining, you can pivot and choose to change your attitude in an instant.

That moment of change establishes a new pattern that creates healthier behaviour. Each time you catch yourself and choose to see things differently, you reinforce that new pattern.

Complaining can be tough to quit. After all, complaining about a situation makes us feel like we're not in charge of it, and therefore that we aren't responsible for working to change it. But escaping the trap is easier than you think and exhilarating, too.

Pg. 278
helps your
kid with
homework.

The Most
Helpful Book
in the World
is here.



Health Solutions

Include watermelon at your dinner table today



NUTRI-BITES
Theresa Albert
DHN, RNCPT
myfriendinfood.com

Who doesn't remember the childhood pleasure of sitting on a porch or stoop and letting watermelon juice run down your chin and wrists as you suck the sweet juice from a wedge?

Now that you are a grown up, though, you have experienced the conundrum of what to do with the rest of the beast when the slurping is done. You'd be surprised.

Watermelon is one of the more intense sources of lycopene (that nutrient that everyone thinks is only in tomatoes!) that is known to help protect hearts and prostates. It is also high in vitamin A to protect the eyes.

High-water-content



fruits and vegetables keep you hydrated and feeling full throughout the day in exchange for very few calories.

Here are some ways to use up the other half:

- Blend into a juice and use for smoothies;
- Blend with greek yogurt and freeze into popsicles;
- Use as you would tomatoes in sandwiches (simply pat dry with paper towel first);
- Grill for 30 seconds on a very hot barbecue as a base for ice cream desserts;
- Use as you would a raspberry puree in marinades and sauces;
- Chop with mint or cilantro and garlic as fresh salsa;
- Mix with feta and balsamic vinegar and serve on a pita;
- Chop into salads as you would strawberries.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @

THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Take ooey gooey goodness on the go

Pack a picnic. Grilled Cheese may not seem like a likely outdoor choice but this sandwich is better when it's cooled

You may not think of using watermelon to bump up a Grilled Cheese but, man, is it good!

The watermelon holds its

Ingredients

- 4 slices watermelon
- 8 slices, 100% whole grain bread, chewy in texture
- Butter
- 2 tbsp (30 ml) mustard
- 6 oz thinly sliced extra-sharp cheddar cheese, divided equally
- 1 1/2 cups (375 ml) baby arugula

AUGMENTED REALITY

→ Scan this photo using your Metro News app to follow along as Theresa Albert gives us some useful watermelon tips!



→ See the full instructions on Metro's Voices page.



This recipe serves four. THERESA ALBERT

water better than tomato. These babies are great on a griddle on a barbecue, in a skillet or a Panini press.

They are best wrapped and served cool!

1. Place the watermelon pieces between paper towels to absorb extra fluid. Set aside.

2. Butter each slice of whole grain bread on outside and spread the mustard on inside, and top with cheese. Top the cheese with baby arugula and watermelon slice.

3. On griddle or grill press, spray cooking spray and grill sandwiches on each side until the cheese begins to melt.

RECIPE ADAPTED BY THERESA ALBERT FROM WATERMELON.ORG

Watermelon's savoury side



This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

Watermelon's sweet, crunchy flesh lends itself surprisingly well to salad — and, no, not just fruit salad.

The trick is to pair it with foods sporting contrasting flavours and textures. Anything salty and savoury is good.

This simple recipe for spicy watermelon salad with feta cheese and basil is a great start, but improvise as you see fit.

1. Divide the watermelon between 4 serving plates, then top each with a quarter of the

banana pepper slices.

2. Using a mandoline, carefully shave about a quarter of the chili pepper over each plate. Alternatively, you can finely mince the chili, then scatter the pieces over the salads.

3. In a small bowl, whisk together the lime juice, sesame oil and sugar, stirring until the sugar is dissolved. Drizzle the dressing over the salads, then top each with some of the feta, basil and

Ingredients

- 4 cups cubed watermelon (bite-size chunks)
- 1/4 cup jarred banana pepper slices (or other pickled peppers)
- 1 red chili pepper
- 2 tbsp lime juice
- 1 tbsp toasted sesame oil
- 1/2 tsp sugar
- 4 oz feta cheese
- 1/4 cup fresh basil leaves, torn
- 1/4 cup pine nuts, toasted

pine nuts. THE ASSOCIATED PRESS

STARTING AT \$295,000

SYMPHONY TOWER

EUROPEAN INSPIRED MASTERPIECE

OVER 30% SOLD!

GET A VIRTUAL TOUR AT:

SYMPHONYTOWER.CA/PLANS

(780)701-0058



Pg. 297
improves
your game.

297 Cookware

**The Most
Helpful Book
in the World
is here.**

Auto Racing

Death on track not being considered criminal, police say

Kevin Ward Jr. died of blunt force trauma when he was hit by a car driven by NASCAR star Tony Stewart.

Ontario County Sheriff Philip Povero says the autopsy was completed Monday. The 20-year-old driver was competing in a dirt-track race in upstate New York.

Authorities questioned Stewart on Saturday night and went to Watkins Glen to talk to him again Sunday. Povero said Monday there were no plans "at this time" to talk to him again.

There is no timetable to complete the investigation.

Povero says there is nothing in the inquiry that supports criminal conduct or probable cause. He says there was no camera in Stewart's car.

THE ASSOCIATED PRESS

K.C. wins 8th straight

Royals ascend to AL Central throne

The Kansas City Royals won their eighth straight game and took over the AL Central lead Monday night, when Yordano Ventura outduelled Sonny Gray during a 3-2 win over the Oakland A's.

The victory, coupled with a loss by Detroit in Pittsburgh, gave the long-suffering Royals a division lead at the latest point in a season since 2003.

Alcides Escobar drove in a run in the second inning before delivering a two-out single off Gray in the seventh, putting Kansas City in front.

THE ASSOCIATED PRESS

Jays' Happ getting his time to shine

MLB. Left-handed starting pitcher enjoying his longest uninterrupted period of stability in Toronto

Baseball is anything but a fair business, but J.A. Happ deserved a good turn.

Since arriving in Toronto a few days before the trade deadline in 2012, the six-foot-six left-hander could never seem to catch a break. Some of his woes were related to his own underperformance, but much was out of his control. When he wasn't battling arbitrary bullpen relegation, he was dealing with bizarre injuries. Along the way he developed a reputation as something of a malcontent.

Of late, however, Happ has been a stabilizing force in the Blue Jays' starting rotation. In his four starts since the all-star break, he has been remarkable, posting a 1.71 ERA while striking out nearly a batter an inning and averaging more than six frames each outing.

Perhaps it's no coincidence that Happ's recent success has come amid the longest uninterrupted period of stability in his Jays career.

"I always felt like if I was able to have a stretch like this, I would be able to figure it out," he told Torstar News Service this weekend.

What may have been his most hard-luck injury came in just his seventh start of 2013. He suffered a fractured skull when he was struck on the side



Blue Jays pitcher J.A. Happ has posted a 1.71 ERA since the all-star break. DAVID COOPER/TORSTAR NEWS SERVICE

Jays vs. Mariners

Go to metronews.ca for coverage of Monday night's game in Seattle.

of the head with a line-drive off the bat of Desmond Jennings in a frightening scene in Tampa. True to Happ's star-crossed Toronto tenure, it was a sprained knee suffered as he crumpled to the ground — not the fractured skull itself — that kept him on the disabled list for the next three months. Happ was back on the DL to start this year after he had a disastrous spring training while trying to pitch through a back injury.

But now Happ is pitching better than he has in years, and he says part of his recent success is a result of feeling

more confident. "I have to trust myself and my stuff," he said. "Confidence is the most important factor in pitching. Without it, it's almost impossible to succeed."

Happ struck out a career-high 12 batters last week against Baltimore. He has nearly a 25 per cent swing-and-miss

rate on pitches above the top of the strike zone this season, likely aided in part by the fact his average fastball velocity is up by more than two miles an hour this season compared to his career average.

The 31-year-old, who pitches Tuesday in Seattle, is potentially a free agent at the end of this year. If the Jays elect not to pick up his \$6.7-million club option, he'll test the open market. So the final six weeks of the season are as important to him personally as his performance is to the Jays.

TORSTAR NEWS SERVICE

Adventure!
Teach English Overseas

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

1.888.270.2941
Job Guaranteed!
Next In-Class Course: September 19th-21st, 25th-28th
Next Seminar: August 12th, 2014 @ 7pm
Travelodge Edmonton South Hotel (10320 45th Ave)
www.globaltesol.com

GLOBAL TESOL COLLEGE
Teach English Worldwide

ENTER & YOU COULD

WIN FREE FUEL FOR 1 YEAR

AT CASHSTORE.CA/FREEF

The Cash Store

BC Licence #: 50041, Alberta Licence #: 326987
**Some restrictions apply including, but not limited to, loan amount restrictions based on the borrower's net pay.

*NO PURCHASE NECESSARY. Transaction not required to participate in the contest. Contest ends 9/30/14. Complete contest rules available at any branch of The Cash Store or visit www.cashstore.ca.

metronews.ca

4 SPORTS

Wiggins not stressing what he can't control

NBA. With questions swirling around trade, No. 1 pick returns to familiar blacktop

Hanging on a wall at Glen Shields Public School is the grad portrait of the class of 2008-09.

The kid in the fourth row from the bottom, fourth from the left, looks like any other ordinary teen; a little smile, a graduation gown, a gaze directly at the camera.

Outside the Concord, Ont., public school Monday was proof that the kid in that picture is anything but ordinary.

Dozens of reporters, satellite TV trucks and autograph seekers were on the scene to get a piece of that very kid, Andrew Wiggins, the No. 1 pick in this year's NBA draft.

"It means a lot ... com-



Andrew Wiggins plays with kids while filming an ad for BioSteel Sports Drink at his old school on Monday in Concord, Ont. NATHAN DENETTE/THE CANADIAN PRESS

ing back to my old stomping grounds. This is where it all started. Growing up here as a little kid, I was out here every day after school. I would come here before school, and play basketball here with my friends," said Wiggins.

These days, things are a lit-

tle more complex than schoolyard ball. Pretty much from the moment he was drafted by the Cleveland Cavaliers, Wiggins has been the subject of trade rumours.

Last week, the Cavs reached agreement in principle on a deal that would send

Wiggins to the Minnesota Timberwolves along with last year's No. 1 pick and fellow Canadian Anthony Bennett and a 2015 first-rounder for all-star Kevin Love.

In Cleveland, he would have been playing with LeBron James and Kyrie Irving. In Minnesota, he'll be a key part for a team in rebuilding mode.

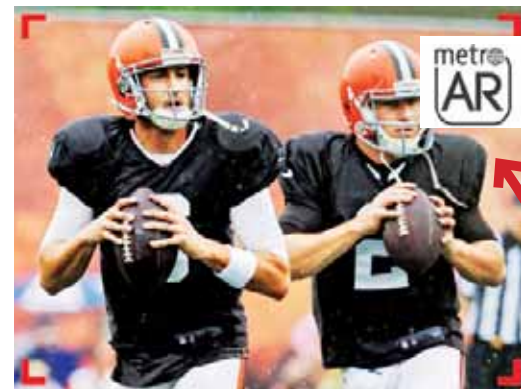
Wiggins says he's not worked up about his fate.

"I don't worry about anything that's not in my control. I just know that when October hits and the season comes I'll be playing basketball, the sport I love," said Wiggins with a shrug and a smile.

And as for whether that life will some day bring him back to Toronto as a Raptor, Wiggins said he won't be stressing about that, either.

"I don't know. Only God knows. That's too far ahead."

TORSTAR NEWS SERVICE



There's room for only one

Cleveland's Brian Hoyer, left, and Johnny Manziel compete for the same quarterback job at camp on Monday in Berea, Ohio. Scan the image with your Metro News app for a gallery of NFL training camps.

MARK DUNCAN/THE ASSOCIATED PRESS

NFL

Seahawks' Lynch investigated in assault claim

Police in Bellevue, Wash., are investigating whether Seattle Seahawks running back Marshawn Lynch

was involved in an assault and damage of personal property.

The incident was reported by the female victim about 12 hours after it took place in an apartment.

Police say there was no domestic violence or sexual assault involved in the allegation. THE ASSOCIATED PRESS

NATIONAL READING CAMPAIGN

Reading does so much for our kids. Join us in doing something for reading at nationalreadingcampaign.ca

Strong Supporters of Literacy

PGA Championship. McIlroy following in footsteps of Tiger, to bigger things

Anyone could see Rory McIlroy had the gifts to be the next big thing in golf.

His victory in the PGA Championship was more about grit.

That might be more impressive than some of the numbers associated with his latest major. McIlroy has won his four majors at a combined 62-under par. The only other players in the last century to win four majors 25 or younger were Tiger Woods, Jack Nicklaus and Bobby Jones. It had been six years since anyone won two straight majors (Padraig Harrington) or three straight tournaments (Woods).

"It's beginning to look a little Tigeresque, I suppose," Graeme McDowell said. "I said to the boys at The Open I didn't think we were going to see the new Tiger era just yet. I'm not eating my words, but I'm certainly starting to chew on them right now."

The comparisons with Woods are becoming inevitable.

Fourteen years ago, Woods was on the verge of going three shots down with three holes to play when a mixture of determination and good fortune turned everything around. Woods made a 12-foot par putt



Rory McIlroy celebrates his win at Valhalla on Sunday.

ANDREW REDDINGTON/GETTY IMAGES

and Bob May missed a 4-footer for birdie. Woods caught him two holes later with a birdie set up by a 335-yard drive on a hole where he couldn't afford to miss. He forced a playoff with a 6-foot birdie on the last hole that Woods still calls the most important putt he ever made.

That was three majors in a row for Woods, and he went on to an unprecedented sweep of the majors.

McIlroy is not there yet. The next step is Augusta National — the Masters starts in 241 days — and a shot at his third straight major and the career Grand Slam. What he carries

with him is the belief that he can battle back just as easily as he can blow away a field.

Boy Wonder can make the game look easy, even in the majors. But he was in foreign territory standing in the 10th fairway at Valhalla on Sunday. He watched from 281 yards away as Rickie Fowler poured in a 30-foot birdie putt that put McIlroy three shots behind with nine holes to play.

"I knew I needed to do something, and I needed to play catch-up and I needed to make some birdies," McIlroy said. "That 10th hole was huge."

THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Get plenty of rest today because you are going to be super busy towards the end of the week. The planets will confront you with challenges that demand a strong response.

♉ Taurus

April 21 - May 21

Set yourself targets, but don't aim so high that failure is more likely than not. You don't have to be perfect – you're perfect just the way you are.

♊ Gemini

May 22 - June 21

Don't worry if you have not yet made a serious start on an important project because you will get your chance over the next two or three days. Just keep your emotions out of it.

♋ Cancer

June 22 - July 23

You cannot have things your own way all of the time but you will always get another chance, so why worry? Look forward today, not back.

♌ Leo

July 24 - Aug. 23

If there are things you still need to do, get working on them today. Tomorrow there will be other issues over which you demand your time and attention.

♍ Virgo

Aug. 24 - Sept. 23

Less than two weeks from now a new solar year will begin and you will no longer be held back by issues over which you have no control. The good times are on their way.

♎ Libra

Sept. 24 - Oct. 23

You need to take life at a more relaxed pace over the next 24 hours. You will have to deal with important issues, of course, but, seriously, there is nothing to worry about.

♏ Scorpio

Oct. 24 - Nov. 22

It won't be long before you have to make a choice between a personal relationship and your work. You will need to focus in a single direction.

♐ Sagittarius

Nov. 23 - Dec. 21

Over the next 24 hours you will have to admit your negative views about a newcomer to your social circle were totally wrong. It seems they are a lot nicer than you thought.

♑ Capricorn

Dec. 22 - Jan. 20

You can transform your existence, but it won't be until the Sun moves in your favour on the 23rd. In the meantime, be patient. Your time will come.

♒ Aquarius

Jan. 21 - Feb. 19

Resist the urge to go to extremes when dealing with people you don't much like or the bad feelings you create may come back at you.

♓ Pisces

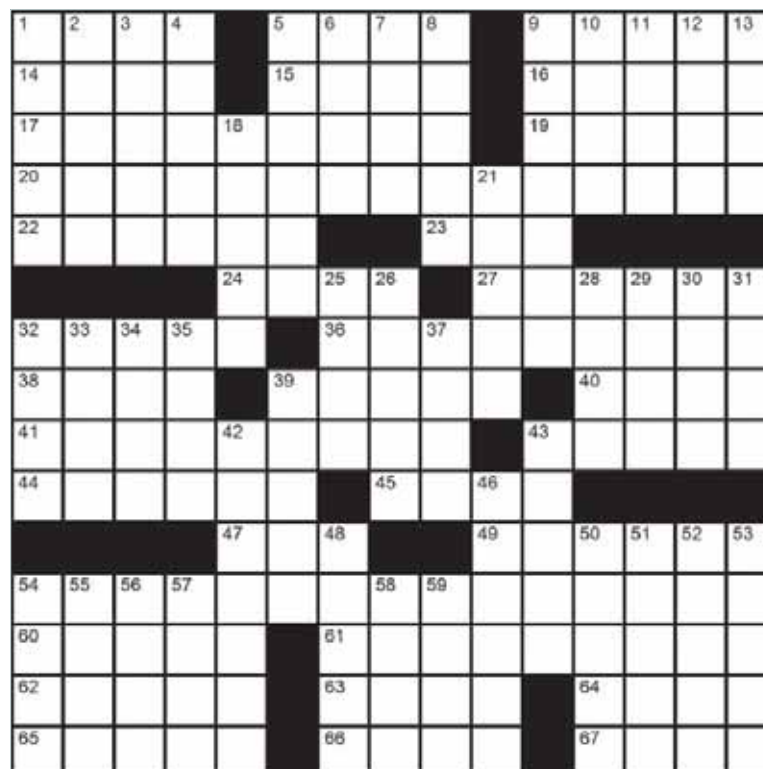
Feb. 20 - March 20

Only you can decide if a relationship is worth carrying on with but you don't have to decide right now. There are still a few twists and turns and surprises to come, so stay calm.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Canadian rapper, see 41-Across for more!
5. Cushy
9. Terra
14. Bathe
15. Advocate
16. Online aid, e.g., _ _ _
17. Snowy mountain danger
19. Lively
20. Charge led by The Beatles: 2 wds.
22. "Open _!"
23. "I got an ' _ ' the quiz!"
24. Memo abbr.
27. Manitoba: _
32. "Say that thou _ forsake me..." — Shakespeare
36. Red River _ (Canadian breakfast serving)
38. Hautbois
39. Workshop machine
40. "Not _ watch!"
41. "The _ Still Lives At Home" (Song by #1-Across)
43. "God helps _ who..."
44. Levi's _ jeans
45. Rob Thomas' "This Is _ Heart Breaks"
47. Universal principle
49. Drives
54. Canadian _ - _ (The English Patient or Life of Pi)
60. Canadian heavy metal band
61. Winnipeg, "The Heart of the _"
62. Vista
63. Gloria's dad, to Meathead



64. Old shipping weight allowance
65. Dispatches
66. Articulates
67. "My king"

Down

1. Concrete chunks

2. _-Aubert (One of Magdalen Islands)
3. J' _; Nous avions...
4. " _ Dawn" by Tanya Tucker
5. Day-to-evening time
6. Philharmonic gr.
7. E-J link

8. Brandon _ , Hilary Swank Oscar-winning role
9. French painter, Paul _ (1839-1906)
10. Actress, Carre _
11. "Mickey" by _ Basil

12. Blinds/shades co., Blinds _ _
13. Kirk _ "Superman" (1948) star
18. Point towards: 2 wds.
21. National Gallery of Canada's striped painting, _ of Fire
25. Comparison word
26. Number-counter's nick
28. David _ ("Rhoda" husband-portrayer)
29. Jay _
30. Pet food brand
31. Leonard _ , Roy Rogers' birth name
32. Gateway
33. 'Access' suffix
34. "The Days and Nights of Molly _"
35. Aug. follower
37. Vincent van Gogh's brother
39. Manitoba community
42. Is U2, does this: _ and hums
43. Singer Ms. Terrell
46. Lengths cohorts
48. Killer whales
50. Boucherville 'bridges'
51. "...if _ saw one!"
52. Ocean vessel
53. Seven: Italian
54. Rocker's instrument
55. Newfoundland folk trio, The _
56. Stove
57. Nice
58. Ms. Ephron
59. 'Consist' suffix

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

5	1	9	2	6	7	8	4	3
2	8	3	9	1	4	6	5	7
4	6	7	8	5	3	1	9	2
1	3	2	4	9	6	7	8	5
9	7	8	5	3	1	4	2	6
6	4	5	7	8	2	9	3	1
8	2	4	1	7	5	3	6	9
3	5	1	6	4	9	2	7	8
7	9	6	3	2	8	5	1	4

	5	1		4				3
	8					9		
9		7		3	6			
		6	3			5		
			1		2			
		3			9	4		
			2	8		7		5
		5					2	
4				9		8	3	

COMPUTER AIDED DRAFTERS ARE IN HIGH DEMAND IN ALBERTA'S OIL & GAS AND CONSTRUCTION INDUSTRIES

"Train to become a skilled technician in 2D & 3D drafting and design with specialities in Engineering and Architecture."

Antonio Cuan - Industry Expert and Digital School Instructor

BE JOB READY IN 6 TO 12 MONTHS

DIGITAL School
technical design college

CALL 780.414.0200

#304, 10205-101 STREET, EDMONTON, AB



digitalschool.ca

GET SCHOOLED IN STYLE

BUY 1 PAIR **SAVE \$10** / BUY 2 PAIRS **SAVE \$30** / BUY 3 PAIRS **SAVE \$60**

USE CODE: **BTS10OFF**

USE CODE: **BTS30OFF**

USE CODE: **BTS60OFF**



Derek Cardigan 7003 Black



Derek Cardigan
7036 Light Brown Horn



Derek Cardigan
7040 Dark Tortoiseshell



ClearlyContacts.ca™

THE BETTER WAY TO BUY EYEWEAR



ONLINE
clearlycontacts.ca/metro



CALL
1-866-414-2326



IN STORE
Toronto & Vancouver